

David's Nutritional & Ingredient Info

Annie's Lil Red Velvet Individual 3.2 Oz

4:10pm 07/13/2011

Nutrition Facts	
Serving Size 3 27/100 oz (93g)	
Servings Per Container 1	
Amount Per Serving	
Calories 370	Calories from Fat 130
% Daily Value*	
Total Fat 15g	23 %
Saturated Fat 6g	29 %
Trans Fat 0g	
Cholesterol 15mg	4 %
Sodium 620mg	26 %
Total Carbohydrate 53g	18 %
Dietary Fiber 1g	4 %
Sugars 39g	
Protein 5g	
Vitamin A 2%	Vitamin C 0%
Calcium 2%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: Red Velvet Cake (sugar, enriched bleached flour [wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid], vegetable shortening (palm and/or soybean oil, propylene glycol mono & diesters of fatty acids, mono & diglycerides, soy lecithin, BHT to protect flavor), whole eggs, Red #40 artificial color, dextrose, corn starch, sodium bicarbonate, nonfat milk, whey protein [milk], salt, sodium aluminum phosphate & sulfate, cocoa, citric acid, tetrasodium pyrophosphate, cellulose, natural & artificial flavor, polysorbate 60, guar gum, potassium sorbate, xanthan gum, maltol, soy lecithin, Sugar, Cream Cheese, Margarine, Maltodextrin, water, partially hydrogenated soybean and cottonseed oil. contains 2% or less of the following: mono & diglycerides, corn starch, modified food starch, N&A flavor., cream cheese (pasteurized cultured milk, cream, whey, salt, guar gum), sugar, margarine (soybean, palm & olive oils, water, salt, milk, mono & diglycerides, soy lecithin, sodium benzoate, natural & artificial flavors, vitamin A palmitate, beta carotene for color), artificial vanilla flavor

CONTAINS: EGGS, MILK, SOY, WHEAT