

22533

David's Nutritional & Ingredient Info

Smart Cookie Sugar

12:44pm 11/17/2010

Nutrition Facts			
Serving Size 1 33/100 oz (38g)			
Servings Per Container 1 Cookie			
Amount Per Serving			
Calories	170	Calories from Fat 80	
		% Daily Value*	
Total Fat	9g		14 %
Saturated Fat	4.5g		24 %
Trans Fat	0g		
Cholesterol	15mg		5 %
Sodium	110mg		5 %
Total Carbohydrate	22g		7 %
Dietary Fiber	0g		0 %
Sugars	11g		
Protein	2g		
Vitamin A	0 %	• Vitamin C 0 %	
Calcium	0 %	• Iron 4 %	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: wheat flour (bleached & enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, pasteurized whole eggs, natural & artificial butter flavor, salt, baking soda

CONTAINS: EGGS, WHEAT